

How Do I Pray?

Remember:

Prayer is a two-way conversation.

1. Be still. Slow the pace of your heart and spirit.
2. Breath.
3. Give thanks to God for something in your life.
4. Say out loud, "God, I know you want to speak to me. I want to hear your voice. Lord, speak. I am listening."
5. Ask Him, "Lord, what do you want me to know about how You feel about me?"
6. Listen for what He has to say to you.
7. Breath.
8. Pray every day. Keep it simple.
9. Pray for your needs
10. Pray for the needs of others.